

# GROWING TOWARD *Spiritual* MATURITY

STUDY 5  
HANDOUT A

## Prayer Power

**What are seven components of a balanced prayer life?**

1.

(John 4:23–24)

2.

(Isaiah 6:5; 1 John 1:9)

3.

(Matthew 22:37)

4.

(Psalm 145:4-9; 150:2)

5.

(1 Thessalonians 5:18; Philippians 4:6–7; Romans 8:28; James 1:2–4)

6.

(Philippians 1:9–11; Ephesians 1:16–23; 3:14–21)

7.

(John 16:23–24; Philippians 4:6)

**Personal Reflection:**

What are some practices you have used to develop intimacy with God?

What is one of the strengths of your prayer life?

What is one thing that would help develop your prayer life?